

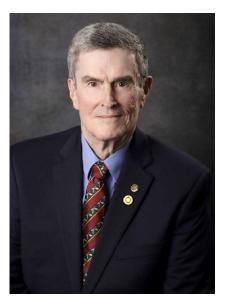
SPOKES NEWSLETTER

DISTRICT 5300 * Rotary Club 794 * January 5, 2024 * #01-001 www.pasadenarotary.com

THIS WEEK'S PROGRAM MIKE SODEN

ROTARY DISTRICT 5300 GOVERNOR

Introducer: President Justene Adamec



The story of Michael's Rotary journey began in 2003 when he initially joined the Rotary organization. Presently, he is among the prominent members of the Rotary Club of Green Valley, situated in Henderson Nevada. Over the years, he has exhibited a strong dedication to the Rotary organization, earning him the prestigious title of President twice.

In 2008-2009, Michael served his first term as President of the Brandermill (Midlothian) region of Central Virginia, District 7600, followed by his second tenure as President of the Green Valley club, located in District 5300, from 2013-2014. During his second tenure as club President, Michael contributed significantly to the club's success, leading the club to earn high accolades, such as becoming the number one medium-sized club in District 5300 and receiving the RI Presidential Citation with Distinction.

Additionally, the club qualified as a 100% Paul Harris Fellow club, demonstrating exceptional qualities of service and community

engagement, a feat accomplished through Michael's exceptional leadership.

For his exceptional contributions to the Rotary organization, Michael has been recognized with the prestigious honor of Rotarian of the Year by his respective clubs on three separate occasions. Furthermore, due to his remarkable leadership capabilities and commendable personal qualities, Michael has taken on various leadership roles in Rotary, serving as the District Communications Officer (DCO) for both District 7600 and District 5300 for over a decade, Zone 26 Assistant Public Image coordinator 2018-2022 and previously serving as the District 5300 Grants Chair from 2017-2021.

Since 2015, Michael has been a committee chair on the SWR PETS committee, showcasing his unwavering commitment to the organization. Additionally, he is a Major Donor. Illustrating his strong dedication to the Rotary Foundation, and is an exemplary Rotary member.

Michael resides with his wife Sylvia in Henderson, Nevada, and their family includes one daughter named Alycia, as well as two grandsons Aden and Alejandro, who are adored by the family.

WEDNESDAY - JANUARY 10, 2024

PASADENA ELKS LODGE

Must RSVP to attend! RSVP Deadline: Tues. at 10:00 am

Reception: Jane Waas & Alan Schier Lunchtime Pianist: Ann Louise Christensen Song Leader: Don Andrues with Ann Louise

Inspiration: Young Lee Hertig

Scoot Zone Reporter: IPP Mary Lou Byrne Photographers: Wende Lee & Tammy Silver Technical: Scott Carlson - Frank Fish Sergeant At Arms: Robert Lyons

Non-members are welcome - \$45.00 includes lunch

NEW ROTARY MEETING VENUE FOR JANUARY 2024 PASADENA ELKS LODGE BALLROOM

400 W. Colorado Blvd - with complimentary parking (enter off Green Street)



Future Flash

By President Justene Adamec



District Governor Michael Soden is coming! Now, I know that some DGs have been boring, but DG Michael is a lot of fun. After all, he is having the District Conference aboard a cruise ship. Remember how exciting it was when he visited in the fall and handed out these Polio Plus coins and I forgot **Debbie Loveland**'s name?

I have asked Music Chair **Don Andrues** to come up with some special music. Let's see if he delivers. No pressure, Don.

Wait until you see how many new members are being inducted.

Here's a special request - now's a good time for your Polio Pig announcements. DG Michael is very committed to End Polio Now. His wife, First Lady Sylvia, is a polio survivor. Plus he'll get to see what great members we have.

Let's see: music, members, Polio Pig announcements... with any luck I won't have to ramble on at all.

Justene Adamec 626-806-2529 President@pasadenarotary.com



The Scoot Zone By Staff Reporter Dean Billman Photographers: Tammy Silver & Claudia Ponce de Leon & Hans Rosenberger

Tournament of Roses 2024 President Alex Aghajanian, our speaker today, was asked about his favorite moment of this New Year's Day Rose Parade and Rose Bowl Game, and he thought for a moment before he said, "there were so many, I can't pick a favorite time, but I can pick my favorite day!" Wearing his signature red Tournament of Roses coat, he was certainly our celebrity of the day, as many Rotarians are also Tournament "White Suiters" volunteers, and **President Justene Adamec** asked us to stand up and be honored (your reporter is also a White Suiter and served his 21St parade on the Music Committee this year – and is also exhausted like our President from too much fun and lack of sleep).

President Justene rang the big shiny Rotary brass bell to start our meeting at the Pasadena Elks Lodge, our temporary new meeting place these next two weeks. The Lodge has been completely remodeled in time for the holidays, and it looked majestic and welcoming for our meeting. Past President Mary Lou Byrne led us in singing "California, Here I Come" as she remarked that everyone watching the Rose Parade and Rose Bowl Game would see how beautiful California is and want to visit. Jasiri Jenkins-Glenn inspired us with a scientific explanation that





music and good moods affect all life around us, and even water crystals react to sounds around us, and to surround ourselves with joyful laughs and good music.

Special Note: Next week, our District 5300 governor will be our speaker, and President Justene asked us to stand when he takes the stage to speak – it is very important to stand. We will know more next week.

Today's Guests: First daughter Amanda Pumilia; Myra Allen, PP of Temecula Sunrise Rotary, (District 5300 Ambassador & PR Marketing for Rotary Rose Parade Float Committee "Awardwinning Rotary Float!" added **PP Mary Lou**); **PP Howard Raff** introduced Stewart Espinosa, Terry Tang, and Eric Messell; **Sandy Goodenough's** guest was her husband, Richard Schulhof Past President of LA Arboretum and a Rose Parade Float judge this past parade and **John Foulkes** brought his daughter Debbie.

Speaking of Rose Parade, President Justene asked all Rose Parade White Suiters to stand, and Mel Cohen, Fred Soldwedel, Ken Hill, David McAlexander, Catherine Haskett Hany, Lisa Kroese, Tammy Silver, Mary Wilson, and Dean Billman all stood up to club applause. President Justene then recounted how the Rose Bowl was nearing completion in 1922, but was in danger of running out of funds, when members of Pasadena Rotary stepped up and organized the final push to rally all the local clubs to raise the rest of the cash – and that was over 100 years ago! Because of that leadership, our club was named on the Rose Bowl as a major donor. How about that!



President Justene thanked **Robert Lyons** for his hard work hauling the Rotary badges, bell, banners, and heavy equipment back and forth to our roving venues this year. Maybe he needs a Rotary Service Star or reusable straw?

Announcements:

- **Dean Billman** gave \$100 in honor of our guest today, and his leadership of a great Rose Parade and tremendous Rose Bowl Game.
- **Mic Hansen and PP Diana Peterson-More**, co-chairs of the Community Grants Committee, invited Rotarians to be begin applications for the grants. And in a new move, are looking for community partners to co-sponsor our gifts. Click here: (https://www.pasadenarotary.com/community-grants/)
- PP Cathy Simms invited everyone to join the Rotary Readers see announcement details below!
- · President-Elect Stephen Smith invited all members to a

"Pickleball Clinic" on January 13th (see details below). President Justene emphasized that this is a clinic, not a competition, so there will be no ruthless serves or attacking the net – just fun!

• **President Justene** asked us to circle the date of February 10th for the Altadena Rotary Club's 75th Anniversary to join her in buying a table so we can support them like they supported us at our 100th a few years ago. Count us in!

Rose Parade White Suiter **Catherine Haskett Hany** introduced our speaker today, Alex Aghajanian, the President of Pasadena Tournament of Roses Association, leading the 135th Rose Parade and 110th Rose Bowl Game on January 1st, 2024. Known as "America's New Year's Day Celebration", his theme for this year's parade was "Celebrating a World of Music, the Universal Language." His theme poster, which everyone received, had several hidden messages and he challenged us to find the 1-3-5 symbols and elements. A hint might be the one singer on the poster, or maybe the three elements he chose for his pins: a Music note, an Instrument, or a Drum Major; maybe the "five" will come to you puzzle masters.





The Tournament house has a professional staff of 35, with 935 volunteer White Suiters, and 32 open committees, all needed to keep one of the longest parades moving – it is really 5 $\frac{1}{2}$ miles long and a post-parade of float viewing that goes on another two days.

President Alex is especially fond of the Music Committee, having chaired it in the past and also using music as his theme, so he went into depth on the behind the scenes: He has a sense of humor, and wanted to prank each band by asking them to be unique for their city, and some bands took him up on

it – Pulaski, Wisconsin band marched with accordions in the front row (I saw it with my own eyes) and West Chester (PA) University marched with eight gigantic moving walls of a scene

that, when pushed together, created a view of their town.

He visited each band in its own town this past year, and he was impressed that all bands have solid support from 100% of their parents, community, and in the international bands, the entire country. Costa Rica had students from each region in the country march, and they highlighted a single indigenous tribe by wearing the tribe's mask on their arms.

The big reward for each band member, besides the immense pride each student feels by qualifying, raising the travel funds (almost \$7,000 per student in most cases!) and marching, playing, and even dancing the long 5 ½ miles of the parade, is the In-N-Out hamburgers at the end of the parade. To see the students exchanging each-



other's pins, and mingling together afterwards really brought the Rose Parade theme of music as the universal language home to all the attendees and watchers worldwide.

President Alex's full presentation can be seen Here:

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L2R: Alex Aghajanian, Catherine Hany, Lisa Kroese, Tammy Silver, Amanda Pumilia, President Justene





RSVP TODAY

Alan Schier & Jane Waas greet Young Lee Hertig

MUST RSVP to attend
DEADLINE TO RSVP: Tues. at 10:00am
office@pasadenarotary.com



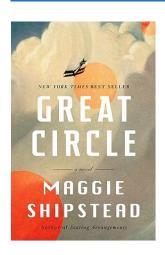


PHOTO OF THE WEEK

President Justene & Past President Myra Allen

Visiting Rotarian Myra Allen,
Past President,
Temecula Sunrise Rotary District
#5330
Rotary Rose Parade Float
Committee Member and
Ambassador

MEETING & EVENTS CALENDAR



ROTARY READERS

Rotary Readers will meet at 6 PM on Monday, January 8th.

Phyllis Crandon will lead the discussion of the Great Circle by Maggie Shipstead

Please RSVP to Cory Brendel at corybrendel@gmail.com
If you have questions please email Cathy Simms at
simmsie1@pacbell.net.



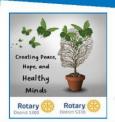
INTRODUCTION TO PICKLEBALL

Saturday - January 13th 8:00 to 11:00 AM

4490 Cornishon Avenue (Hogg Hollow Pre-school) in La Canada.
Bottled water will be provided. If you have a pickleball paddle please bring it. We have some extras. There is a good likelihood of the group going out for a late breakfast/early lunch nearby afterwards.

Stephen Smith at ssmith.meridianappraising@gmail.com

Peacemaker of the Year Award Art for Peace Contest



Garbis Der-Yeghian 34th Annual Peace Conference

THEME: Creating Peace, Hope, and Healthy Minds



Saturday, January 27, 2024
Registration Check-in/Continental Breakfast 8:00 a.m.
Conference Begins Promptly at 9:00 a.m.—12:00 p.m.
Richard Nixon Presidential Library and Museum





Brian Rusch

CEO—Out for Equality
Founding Member of RI DEI Task Force
Vice Chair- RI Joint Advisory Council of DEI
Past President and Founder of Rotary eClub for Global Action



Engaging Panel on Mental Health, covering:

Destigmatizing Conversations, Raising Awareness, and Advancing Access



Jenn Freeman

Autistic American
choreographer, dance
performer, and educator



Lora Illig
Former Executive
Director for NAMI
Pomona Valley



Chris Florendo
Team Support Leader
CalHOPE & NAMI Greater
Los Angeles County



Sally Sagario
Operations Manager for
NAMI Long Beach/
Whittier

Registration/Admission
(includes continental breakfast and tour of the museum)

\$40.00: early registration by January 26, 2024
\$45.00: at the door if seats are available
Students/Interact Clubs/Rotaract Clubs free
registration

To REGISTER and for more information, visit the event website at:

http://district5300.org/peace-conference/



Scan for Event Page and Registration



Rotary District 5300 District Governor **Michael Soden**



Rotary District 5330 District Governor and Panelist Moderator Jamie Zinn



Conference Chair and Emcee Rotary District 5300 Mary Ann Lutz lulti-District Even

POLIO PIG & COMMITTEE ANNOUNCEMENTS AT WEDNESDAY MEETING

ALL ANNOUNCEMENTS MUST BE PRE-APPROVED!

Wish to "Show & Tell" us what you are up to or make an announcement (30 seconds) about your family, business or a favorite nonprofit or a Committee announcement? Email Wendy at office@pasadenarotary.com by Tues at noon. Minimum donation for Polio Pig Announcement: \$20 or for \$30+ which is billed to your account. Additional \$20 If you wish to leave flyers (in a stack on the table not individual) or a hand-out at end of meeting.

7-DAY NOTICE

Deb Raupp - Sponsor: Fred Findley (former member)

Ellen Batzel Palm-Leis - Sponsor: Howard Raff

Sam Gopinathan - Corporate Membership - Sponsor: Howard Raff (former member)

Corporate Alternates: Royce Gilder, Becky Happach Detrick & Angie Pizano

HAPPY BIRTHDAY!!

Melissa Froehlich	January 5
Stephen McCurry	January 7
Estela Richeda	January 9
Kelly White	January 10

ROTAVERSARIES!

Tammy Silver	1/8/20	4 Years
Lisa Cavelier	1/9/19	5 Years
Sonia Lagomarsino	1/10/90	34 Years

UPCOMING PROGRAMS

Jan. 17th - Tom Coston - "Parade of the Future"

Jan. 24th - Tim McDonald - Pasadena Public Library: Past Present & Future

Jan. 31st - Rotary Players - Ground Hog Day

Feb 7th - Juan Bastos - Celebrity Portrait Painter

Feb 14th - Nat Read -Raconteur - How I Rode All 22,400 Amtrak Miles in Just 84 Years

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Proofers: Mary Wilson & Kathy Meagher



ROTARY CLUB OF PASADENA 2023-2024 BOARD OF DIRECTORS MEETS the 3rd Thursday of every month at 5pm - University Club of Pasadena

PRESIDENT: Justene Adamec
PRESIDENT ELECT: Stephen Smith
IMMEDIATE PAST PRESIDENT: Mary Lou Byrne
SECRETARY: Michele Ferroni
TREASURER: Tony Phillips
PRESIDENT ELECT-ELECT: Hillary Schenk

CLUB DIRECTORS: Don Andrues, John Burt, Lisa Cavelier, George Falardeau, Frank Fish, Sandy Goodenough, J.P. Harris, Debi Kroman, Wende Lee, Tammy Silver, Cyril Vergis, Mark Waterson.

Rotary Club of Pasadena

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